

# VCCL Results - parkrun 2018

Race 19

Saturday, 18 August, 2018

5km

TBA

Place	Name	#	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
1	Glenn Sullivan	280	18:40	24	3:40	0:50	14:10	0:00	3:44
2	Natalie Densley	338	20:33	37	5:35	0:40	14:18	0:08	4:07
3	Julian Harris 01	132	18:01	20	3:00	0:40	14:21	0:11	3:36
4	Tom Hecimovic	159	19:47	30	4:30	0:40	14:37	0:27	3:57
5	Mark Andrews	144	17:44	17	2:35	0:30	14:39	0:29	3:33
6	Craig Harris	343	18:20	21	3:10	0:30	14:40	0:30	3:40
7	Fiona Ely	368	25:00	62	9:20	1:00	14:40	0:30	5:00
8	Martine Beer	83	20:06	31	4:40	0:30	14:56	0:46	4:01
9	Fraser Murray	191	21:04	36	5:25	0:40	14:59	0:49	4:13
10	Claire Thiele	86	23:09	49	7:25	0:40	15:04	0:54	4:38
11	Sean Quilty	26	17:38	13	2:00	0:30	15:08	0:58	3:32
12	Matt Grant	231	18:03	16	2:25	0:30	15:08	0:58	3:37
13	Joel Donnar	232	16:07	2	0:20	0:30	15:17	1:07	3:13
14	Ashley Snowden	327	20:57	34	5:10	0:30	15:17	1:07	4:11
15	Marcus Boxall	49	19:17	17	2:35	1:10	15:32	1:22	3:51
16	Irene James	60	25:21	59	8:55	0:30	15:56	1:46	5:04
17	Heather Sullivan	41	27:00	59	8:55	0:50	17:15	3:05	5:24
18	Wayne James	119	22:55	31	4:40	0:30	17:45	3:35	4:35
19	John Mackay	203	33:25	101	15:10	0:20	17:55	3:45	6:41
20	Brendan O'Brien	98	25:39	44	6:40	0:40	18:19	4:09	5:08
21	Damien Cassar	46	24:38	38	5:45	0:20	18:33	4:23	4:56